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Lead Pastor





FROM CARES TO PRAYERS

Philippians 4:6-7



PHILIPPIANS 4:6-7 (ESV)

6 do not be anxious about anything, but in everything
by prayer and supplication with thanksgiving

PHILIPPIANS 4:6-7 (ESV)

let your requests be made known to God.

PHILIPPIANS 4:6-7 (ESV)

7 And the peace of God, which surpasses all understanding,
will guard your hearts and your minds in Christ Jesus.

MERIMNAŌ

To be anxious. To be troubled with cares.
To care for, look out for (a thing).

1 PETER 5:7 (ESV)

Cast all your anxieties on him, because he cares for you.

1 PETER 5:7 (NLT)

Give all your worries and cares to God, for he cares about you.

WHAT'S MY WEAKNESS?

**I WORK TOO HARD AND CARE
TOO MUCH**

PSALM 127:2 (NLT)

It is useless for you to work so hard
from early morning until late at night,

PSALM 127:2 (NLT)

anxiously working for food to eat;
for God gives rest to his loved ones.

Care-full

PHILIPPIANS 4:4-7 (ESV)

4 Rejoice in the Lord always; again I will say, rejoice. 5 Let your reasonableness be known to everyone. The Lord is at hand;

PHILIPPIANS 4:4-7 (ESV)

6 do not be anxious about anything, but in everything
by prayer and supplication with thanksgiving

PHILIPPIANS 4:4-7 (ESV)

let your requests be made known to God.

PHILIPPIANS 4:4-7 (ESV)

7 And the peace of God, which surpasses all understanding,
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4 COMMANDS IN PHILIPPIANS 4:4-7

1. Rejoice in the Lord **ALWAYS**
2. Let your reasonableness be known to **ALL** because the Lord is near.
3. Do not be anxious about **ANYTHING**
4. In **EVERYTHING** Pray.

PROVERBS 12:25 (ESV)

Anxiety in a man's heart weighs him down...

1

Don't **be anxious about ANYTHING.**

MATTHEW 6:25-34 (ESV)

²⁵ “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body,

MATTHEW 6:25-34 (ESV)

what you will put on. Is not life more than food,
and the body more than clothing?

MATTHEW 6:25-34 (ESV)

²⁶ Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them.

MATTHEW 6:25-34 (ESV)

Are you not of more value than they? ²⁷ And which of you by being anxious can add a single hour to his span of life?

MATTHEW 6:25-34 (ESV)

28 And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin,

MATTHEW 6:25-34 (ESV)

²⁹ yet I tell you, even Solomon in all his glory was not arrayed like one of these.

MATTHEW 6:25-34 (ESV)

³⁰ But if God so clothes the grass of the field,
which today is alive and tomorrow is thrown into the oven,

MATTHEW 6:25-34 (ESV)

will he not much more clothe you,
O you of little faith?

MATTHEW 6:25-34 (ESV)

³¹ Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'

MATTHEW 6:25-34 (ESV)

³² For the Gentiles seek after all these things,
and your heavenly Father knows that you need them all.

MATTHEW 6:25-34 (ESV)

**33 But seek first the kingdom of God and his righteousness,
and all these things will be added to you.**

MATTHEW 6:25-34 (ESV)

³⁴ “Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.”

MARTIN LUTHER

“I have one preacher that I love better than any other.
It is my little tame robin, who preaches to me daily.”

MARTIN LUTHER

I put his crumbs upon my windowsill, especially at night.
He hops onto the sill when he wants his supply,

MARTIN LUTHER

and takes as much as he desires to satisfy his need. From there he always hops to a little tree close by, and lifts up his voice to God,

MARTIN LUTHER

and sings his carol of praise and gratitude,
tucks his little head under his wings, and goes fast to sleep,

MARTIN LUTHER

to leave tomorrow to look after itself.
He is the best preacher I have on earth.”

2 CORINTHIANS 11:28 (ESV)

And, apart from other things, there is the daily pressure on me of my anxiety for all the churches.

PHILIPPIANS 4:6 (ESV)

do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

1

Don't **be anxious about ANYTHING.**

2

Do **pray** about **EVERYTHING**.

CHARLES SPURGEON

“Let your cares be the raw materials for your prayers.”

PRAYER IN 4 DIFFERENT WAYS

1. But in everything by Prayer

2. Supplication/Petition

3. Thanksgiving

4. Let your requests
be made known to God.

Petition/Supplication: help me

PROVERBS 3:5-6 (ESV)

Trust in the LORD with all your heart,
and do not lean on your own understanding.

PROVERBS 3:5-6 (ESV)

6 In all your ways acknowledge him,
and he will make straight your paths.

Thankfulness

PSALM 55:22 (ESV)

Cast your burden on the LORD, and he will sustain you;
he will never permit the righteous to be moved.

CHARLES SPURGEON

“Baptize every anxiety into the name of the Father, and of the Son, and of the Holy Ghost, and so make it into a blessing.”

PHILIPPIANS 4:7 (ESV)

And the peace of God, which surpasses all understanding,
will guard your hearts and your minds in Christ Jesus.

3

The promise is the peace of God will guard
ALL in Christ Jesus.

COLOSSIANS 3:15 (ESV)

And let the peace of Christ rule in your hearts,
to which indeed you were called in one body. And be thankful.

CARE

watchful or protective attention, caution, concern, prudence, or regard usually towards an action or situation

BAILEY LACAMBRA

“Anxiety is not a battle God wants you to fight on your own.”

1 CORINTHIANS 11:27-29 (ESV)

27 Whoever, therefore, eats the bread
or drinks the cup of the Lord in an unworthy manner

1 CORINTHIANS 11:27-29 (ESV)

will be guilty concerning the body
and blood of the Lord.

1 CORINTHIANS 11:27-29 (ESV)

28 Let a person examine himself, then,
and so eat of the bread and drink of the cup.

1 CORINTHIANS 11:27-29 (ESV)

29 For anyone who eats and drinks without discerning the body eats and drinks judgment on himself.

1 CORINTHIANS 11:23-24 (ESV)

For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread,

1 CORINTHIANS 11:23-24 (ESV)

²⁴ and when he had given thanks, he broke it, and said, "This is my body, which is for you. Do this in remembrance of me."

1 CORINTHIANS 11:25-26 (ESV)

25 In the same way also he took the cup, after supper, saying,
“This cup is the new covenant in my blood.”

1 CORINTHIANS 11:25-26 (ESV)

Do this, as often as you drink it, in remembrance of me.”

1 CORINTHIANS 11:25-26 (ESV)

²⁶ For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.